

# SAVE THE DATE!

This year, the **Iowa Falls Prevention Coalition** is holding their 7<sup>th</sup> Annual Symposium via Zoom. This multidisciplinary conference will take place September 20 through 24, during Fall Prevention Awareness week. Iowans interested in falls prevention, such as family caregivers, health care practitioners, persons who work with older adults, students, and community members of all ages, should attend this free event! Brochure to follow with additional details. Questions can be directed to Kathleen Lee: [kathleen-lee@uiowa.edu](mailto:kathleen-lee@uiowa.edu).

Application has been made to the University of Iowa, Iowa Board of Nursing provider #1, for Nursing credit. All other participants will receive a participation certificate.



## PREVENTION WEEK: It's All About the Fall

**September 20-24, 2021**  
**12:00 - 4:30 pm • Via Zoom**

### TOPICS INCLUDE:

- Falls prevention within health systems; Medicare advantage programs.
- Motivating clients and patients to change their health-related behaviors.
- Assistive technology lending libraries across the state
- Tai Chi for Arthritis and Fall Prevention: Client pre- and post-testing methods
- Stepping On Fall Prevention Program: Overview and Iowa study
- The six Area Agencies on Aging will be providing information on their purpose and programming for elderly or disabled Iowans and their caregivers.
- Community services offered by rural pharmacists
- Caregiver tips for home modification, safe mobility in the home, and community safety
- Nutritional Requirements of the Elderly
- De-prescribing/Home Meds Program
- Health assessment of an elder in their home: Tips and Best Practice

**To register, please use Google Chrome.** Once you've created a new account, click the registration link again. All attendees, including the general public, can register at: <https://uiowa.cloud-cme.com/Form.aspx?FormID=3295>

For questions about registration, please contact **Molly James**, [molly-james@uiowa.edu](mailto:molly-james@uiowa.edu), 319-335-7075

