

ACT Raising Safe Kids Program

Are you looking for ways to add to your “parenting toolbox”?

If you have a child zero to eight years old, ACT Raising Safe Kids may be what you need.

Nine 90-minute class sessions held once a week are led by certified, experienced class leaders.

You'll learn to help your child:

- Develop a sense of confidence
- Learn problem solving skills
- Manage screen time
- Deal with difficult emotions
- Understand actions have consequences
- Resolve conflicts

When you learn positive parenting skills and strategies, everyone benefits.

Date Tuesdays, February 2 - April 6

Time 10:00-11:30am

Location Virtual meeting using Zoom

Cost \$40/participant; scholarships available for Polk County residents to cover entire cost of program

The fees for service will be used to offset direct expenses and to support the Human Sciences County Extension Program.

For more information or to register

Register online: <https://bit.ly/act17233>

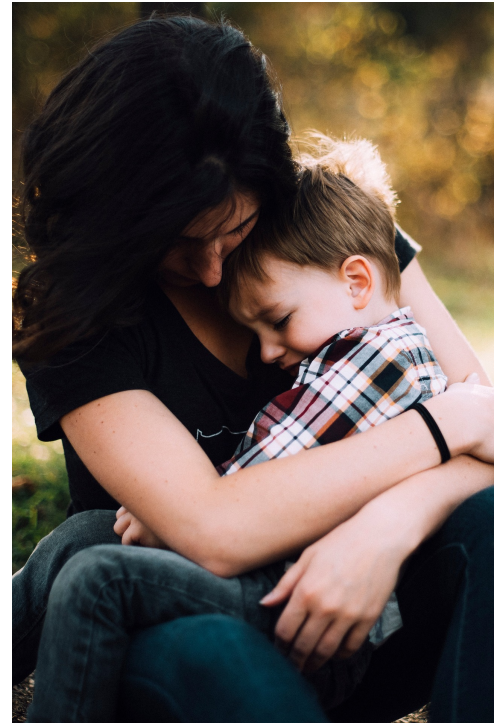
Please register by January 26 to ensure materials will arrive on time. Polk County residents will enter coupon code POLK when registering to not be charged for the course.

Class Leaders:

Rosa Gonzalez
Malisa Rader
Michelle Schott

Questions? Contact RaisingSafeKids@iastate.edu or 515-708-0622

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